

Year 2		
Lesson Title	Learning Intentions and Learning Outcomes	Statutory Guidance
Lesson 1 Differences	<p><b>Learning Intention</b> To introduce the concept of gender stereotypes To identify differences between males and females</p> <p><b>Learning Outcomes</b> Understand that some people have fixed ideas about what boys and girls can do Describe the difference between male and female babies</p>	<p><b>Relationships Education</b> Respectful relationships</p> <p><b>Key Stage 1 Science</b> - Identify, name, draw and label the basic parts of the human body</p>
Lesson 2 Male and Female Animals	<p><b>Learning Intention</b> To explore some of the differences between males and females and to understand how this is part of the lifecycle</p> <p><b>Learning Outcomes</b> Describe some differences between male and female animals Understand that making a new life needs a male and a female</p>	<p><b>Relationships Education</b> Respectful relationships</p> <p><b>Key Stage 1 Science</b> - Notice that animals, including humans, have offspring that grow into adults</p>
Lesson 3 Naming Body Parts	<p><b>Learning Intention</b> To focus on sexual difference and name body parts</p> <p><b>Learning Outcomes</b> Describe the physical differences between males and females Name the different body parts</p>	<p><b>Relationships Education</b> Respectful relationships</p> <p><b>Key Stage 1 Science</b> - Notice that animals, including humans, have offspring that grow into adults - Identify, name, draw and label the basic parts of the body</p>
<p><b>Key Vocabulary</b> Similar, different, sex, gender roles, stereotypes, boy, girl, male, female, private parts, penis, vulva</p>		

Year 3		
Lesson Title	Learning Intentions and Learning Outcomes	Statutory Guidance
Lesson 1 Body Differences	<p><b>Learning Intention</b> To identify that people are unique and to respect those differences To explore the differences between male and female bodies</p> <p><b>Learning Outcomes</b> Know and respect the body differences between ourselves and others Name male and female body parts using agreed words</p>	<p><b>Relationships Education</b> Respectful relationships</p>
<p><b>Key Vocabulary</b> Stereotypes, gender roles, similar, different, male, female, private parts, penis, testicles, vulva, vagina, uterus, family, fostering, adoption, relationship</p>		

Year 4		
Lesson Title	Learning Intentions and Learning Outcomes	Statutory Guidance
Lesson 1 Changes	<p><b>Learning Intention</b> To explore the human lifecycle To identify some basic facts about puberty</p> <p><b>Learning Outcomes</b> Understand that puberty is an important stage in the human lifecycle Know some changes that happen during puberty</p>	<p><b>Health Education</b> Changing adolescent body</p> <p><b>Key Stage 2 Science</b> - describe the life process of reproduction in some plants and animals</p>
Lesson 2 What is Puberty?	<p><b>Learning Intention</b> To explore how puberty is linked to reproduction</p> <p><b>Learning Outcomes</b> Know about the physical and emotional changes that happen in puberty Understand that children change into adults to be able to reproduce if they choose to</p>	<p><b>Health Education</b> Mental wellbeing Changing adolescent body Menstruation</p> <p><b>Key Stage 2 Science</b> - describe the life process of reproduction in some plants and animals - describe the changes as humans develop to old age</p>
<p><b>Key Vocabulary</b> Puberty, lifecycle, reproduction, physical, sperm, breasts, egg, pubic hair, emotional, feelings</p>		

Year 5		
Lesson Title	Learning Intentions and Learning Outcomes	Statutory Guidance
Lesson 1 Talking about Puberty	<p><b>Learning Intention</b> To explore the emotional and physical changes occurring in puberty</p> <p><b>Learning Outcomes</b> Explain the main physical and emotional changes that happen during puberty Ask questions about puberty with confidence</p>	<p><b>Health Education</b> Mental wellbeing Changing adolescent body Menstruation</p>
Lesson 2 The Reproduction System	<p><b>Learning Intention</b> To understand male and female puberty changes in more detail</p> <p><b>Learning Outcomes</b> Understand how puberty affects the reproductive organs Describe what happens during menstruation and sperm production</p>	<p><b>Health Education</b> Changing adolescent body Menstruation</p>
Lesson 3 Puberty Help and Support	<p><b>Learning Intention</b> To explore the impact of puberty on the body and the importance of physical hygiene To explore ways to get support during puberty</p> <p><b>Learning Outcomes</b> Explain how to keep clean during puberty Explain how emotions/relationships change during puberty Know how to get help and support during puberty</p>	<p><b>Health Education</b> Mental wellbeing Changing adolescent body Menstruation</p>
<p><b>Key Vocabulary</b> Puberty, physical changes, emotional changes, moods, menstruation, periods, tampons, sanitary towels, wet dreams, semen, erection, sweat, breasts, spots, pubic hair, facial hair, underarm hair, sexual feelings</p>		

Year 6		
Lesson Title	Learning Intentions and Learning Outcomes	Statutory Guidance
Lesson 1 Puberty and Reproduction	<p><b>Learning Intention</b> To consider puberty and reproduction</p> <p><b>Learning Outcomes</b> Describe how and why the body changes during puberty in preparation for reproduction Talk about puberty and reproduction with confidence</p>	<p><b>Health Education</b> Mental wellbeing Changing Adolescent body</p>
Lesson 2 Communication in Relationships	<p><b>Learning Intention</b> Exploring the importance of communication and respect in relationships</p> <p><b>Learning Outcomes</b> Explain differences between healthy and unhealthy relationships Know that communication and permission seeking are important</p>	<p><b>Relationships Education</b> Families and people who care for us Caring friendships Respectful relationships Being safe</p>
Lesson 3 Families, Conception and Pregnancy	<p><b>Learning Intention</b> To consider different ways people might start a family</p> <p><b>Learning Outcomes</b> Describe the decisions that have to be made before having children Know some basic facts about conception and pregnancy</p>	<p><b>Relationships Education</b> Families and people who care for us</p> <p><b>Key Stage 2 Science</b> - recognise that living things produce offspring of the same kind, but normally offspring vary and are not identical to parents</p>
<p><b>Key Vocabulary</b> Womb, sperm, egg, conception, fertilisation, pregnancy, sexual intercourse, twins, fostering, adoption, relationship, friendship, love, consent, intimacy, communication, personal/private information</p>		