

Year A

		Core Theme	Topic	Year One	Year Two	Year Three	Year Four	Year Five	Year Six
AUTUMN TERM	Relationships Education	Living in the Wider World	Belonging to a Community	Belonging to a group; roles and responsibilities; being the same and different in the community		What makes a community; Shared responsibilities		Valuing diversity; challenging discrimination and stereotypes	
			Media Literacy and Digital Resilience	The internet in everyday life; online content and information		How data is used and shared		Evaluating media sources; sharing things online	
			Money and Work	What money is; needs and wants; looking after money		Making decisions about money; using and keeping money safe		Influences and attitudes to money; money and financial risks	
	Science					Animals including Humans			
SPRING TERM	Relationships Education	Relationships	Families and Friendships	Making friends; feeling lonely and getting help		Positive friendships, including online		Managing friendships and peer influence	
			Safe Relationships	Managing secrets; resisting pressure and getting help; recognising hurtful behaviour		Responding to hurtful behaviour; managing confidentiality; recognising risks online		Recognising and managing pressure; consent in different situations	
			Respecting Ourselves and Others	Recognising things in common and differences; playing and working cooperatively; sharing opinions		Respecting differences and similarities; discussing difference sensitively		Expressing opinions and respecting other points of view, including discussing topical issues	
	Science								
SUMMER TERM	Relationships Education	Health and Wellbeing	Physical Health and Mental Wellbeing	Why sleep is important; Medicines and keeping healthy; keeping teeth healthy; managing feelings and asking for help		Maintaining a balanced lifestyle; Oral hygiene and dental care		What affects mental health and ways to take care of it; Managing change, loss and bereavement; managing time online	
			Growing and Changing	Growing older; naming body parts; moving class or year		Physical and emotional changes in puberty; personal hygiene routines; support with puberty		Human reproduction and birth; increasing independence; managing transition	
			Keeping Safe	Safety in different environments; risk and safety at home; emergencies		Medicines and household products; drugs common to everyday life		Keeping personal information safe; regulations and choices; drug use and the law; drug use and the media	
		Science					Animals including Humans		
	Sex Education				CWP Lesson 1 CWP Lesson 2 CWP Lesson 3	CWP Lesson 1	CWP Lesson 1 CWP Lesson 2	CWP Lesson 1 CWP Lesson 2 CWP Lesson 3	CWP Lesson 1 CWP Lesson 2 CWP Lesson 3

Please note: Relationships and Science Education are statutory elements of the Primary curriculum. Sex Education lessons are in addition to our PSHE teaching and are non-statutory.

Year B

		Core Theme	Topic	Year One	Year Two	Year Three	Year Four	Year Five	Year Six
AUTUMN TERM	Relationships Education	Living in the Wider World	Belonging to a Community	What rules are; caring for others' needs; looking after the environment		The value of rules and laws; rights, freedoms and responsibilities		Protecting the environment; Compassion towards others	
			Media Literacy and Digital Resilience	Using the internet and digital devices; Communicating online		How the internet is used; Assessing information online		How information online is targeted; different media types, their role and impact	
			Money and Work	Strengths and interests; jobs in the community		Different jobs and skills; job stereotypes; setting personal goals		Identifying job interests and aspirations; what influences career choices; workplace stereotypes	
	Science			Animals including Humans					
SPRING TERM	Relationships Education	Relationships	Families and Friendships	Roles of different people; families; feeling cared for		What makes a family; features of family life		Attraction to others; romantic relationships; civil partnership and marriage	
			Safe Relationships	Recognising privacy; staying safe; seeking permission		Personal boundaries; safely responding to others; the impact of hurtful behaviour		Physical contact and feeling safe	
			Respecting Ourselves and Others	How behaviour affects others; Being polite and respectful		Recognising respectful behaviour; the importance of self-respect; courtesy and being polite		Responding respectfully to a wide range of people; recognising prejudice and discrimination	
	Science								
SUMMER TERM	Relationships Education	Health and Wellbeing	Physical Health and Mental Wellbeing	Keeping healthy; food and exercise, hygiene routines; sun safety		Health choices and habits; what affects feelings; expressing feelings		Healthy sleep habits; sun safety; medicines, vaccinations, immunisations and allergies	
			Growing and Changing	Recognising what makes them unique and special; feelings; managing when things go wrong		Personal strengths and achievements; managing and reframing setbacks		Personal identity; recognising individuality and different qualities; mental wellbeing	
			Keeping Safe	How rules and age restrictions help us; keeping safe online		Risks and hazards; safety in the local environment and unfamiliar places		Keeping safe in different situations, including responding in emergencies, First aid and FGM	
		Science						Animals including Humans	
	Sex Education				CWP Lesson 1 CWP Lesson 2 CWP Lesson 3	CWP Lesson 1	CWP Lesson 1 CWP Lesson 2	CWP Lesson 1 CWP Lesson 2 CWP Lesson 3	CWP Lesson 1 CWP Lesson 2 CWP Lesson 3

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