



Twyford C of E School

Church Street, Twyford, Buckingham, MK18 4EU

Telephone (01296) 730305 Email office@twyford.bucks.sch.uk

Headteacher – Mrs Judith Bloomfield

www.twyfordschool.org.uk

14 June 2019

Dear Parents

Fit for Life Week

From Monday 24th to Friday 28th June we will be celebrating 'Fit for Life' week. During Fit for Life week we will be doing various activities looking at fitness and nutrition. This will include:

- Looking at new ways of how to keep fit and active with Sports for All.
- Learning how to look after ourselves and learning about Mindfulness.
- Developing children's awareness of the different foods we eat and trying new foods which give us energy.
- Classes will be making food to try, based on what they have learnt in the week.



Sports Day

Sports Day will be taking place on Thursday 27th June, during our Fit for Life week. The Programme for the Day is attached. The children will be competing in time blocks. We invite you to spectate and support your children. Please feel free to come along at anytime during the morning and stay for a picnic lunch afterwards.



Children who have ordered a hot lunch for this day will have their lunch served in the school hall as usual. If you no longer wish your child to have a hot meal on Sports Day please let the school office know.

Nursery parents

Nursery Parents are invited to join us on the school field from school drop-off. The Nursery class children will be competing in their races between 9.00am and 10.00am. They will then return to Nursery for the remainder of the morning. The children should be collected as normal at 12:00pm and you are then welcome to join the rest of the school for the results at approximately 12.15pm followed by picnic lunch.

Children just attending the afternoon Nursery session should be dropped off as usual at midday. All Nursery children are invited to take part in Sports Day but please let Mrs Hope know if your child is attending if it is not their normal session. Mrs Hope has a sign-up sheet in the Nursery. Please can you stay with your child if they are not normally in on a Thursday and take them home at 10.00am after their activities. Thank you.

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Sports Day

Thursday 27th June 2019

Programme of Events

9am – 10am	Nursery & Reception		
10.00am – 10.15am		Years 1 & 2 - Obstacle	
10.15am - 10.30am	Years 1 & 2 – Field Events	Years 5 & 6 - Obstacle	
10.30am – 10.45am	Years 1 & 2 – Field Events	Years 3 & 4 - Obstacle	
10.45am – 11.00am		Years 5 & 6 - Retrieval	
11.00am – 11.15am	Years 5 & 6 – Field Events	Years 3 & 4 - Retrieval	
11.15am – 11.30am	Years 5 & 6 – Field Events	Years 1 & 2 – Egg & Spoon	
11.30am – 11.45am		11.30	Years 3 & 4 Sprint
	Years 3 & 4 – Field Events	11.40	Years 5 & 6 Sprint
11.45am – 12.00pm	Years 3 & 4 – Field Events	11.50	Years 1 & 2 Sprint
12.00pm – 12.15pm		Years 5 & 6 - Relay	
12.15pm – 12.30pm	Results		
12.30pm – 1.15pm	Picnic Lunch		